



Proudly presents the...

# **2022 Goldfields Classic Olympic Distance Triathlon**



## **Athlete Information Guide**

**Sunday 3rd April**



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## Event Timetable

### Saturday 2<sup>nd</sup> April 2022

Pasta night at Mamma Mia's – RSVP required

### Sunday 19<sup>th</sup> April 2015

6:30am	Registration Opens
7:15am	Registration Closes
7:15am	Race Briefing
7:30am	Race Starts – Long Course
8:00am	Race Starts – Short Course
11:00am	Race Closes – 3.5hrs cutoff time for the event

Presentations will be held once all participants have finished

11:30am	Presentations
11:30am	BBQ lunch

## Kalgoorlie

Kalgoorlie is located 595km east of Perth, 392km north of Esperance, and 2155km west of Adelaide.

## Pre Race Information

Online registration is the preferred method, with a link available on our club website ([www.kalgoorlietriclub.com.au](http://www.kalgoorlietriclub.com.au) ).

On the day registrations are also available, with the entry form available on the club website and Facebook page (see above).

## Course distances

The short course distances are:

### **Triathlon**

Swim 500m  
Bike 18km  
Run 5km

### **Duathlon**

Run 2.5km  
Bike 18km  
Run 5km

The long course distance is:

### **Triathlon**

Swim 1500m  
Bike 40km  
Run 10km

### **Duathlon**

Run 5km  
Bike 40km  
Run 10km

## Minimum Age Requirements

According to Triathlon Australia regulations, the minimum age requirements for this event are:

**Short course:** Individual - 14 years      Teams – 13 years (one leg only)

**Long course:** Individual - 15 years      Teams – 14 years (one leg only)

## Timing

The Kalgoorlie Tri Club uses a computerised RFID timing system. All participants must wear the timing chip (supplied) on their left ankle for the duration of the event.

## Transition

The Transition Area will be located on the Oasis Playing Fields (off Johnston Street).



Please remember that competitors bags should not be in transition during the event.

## Withdrawal

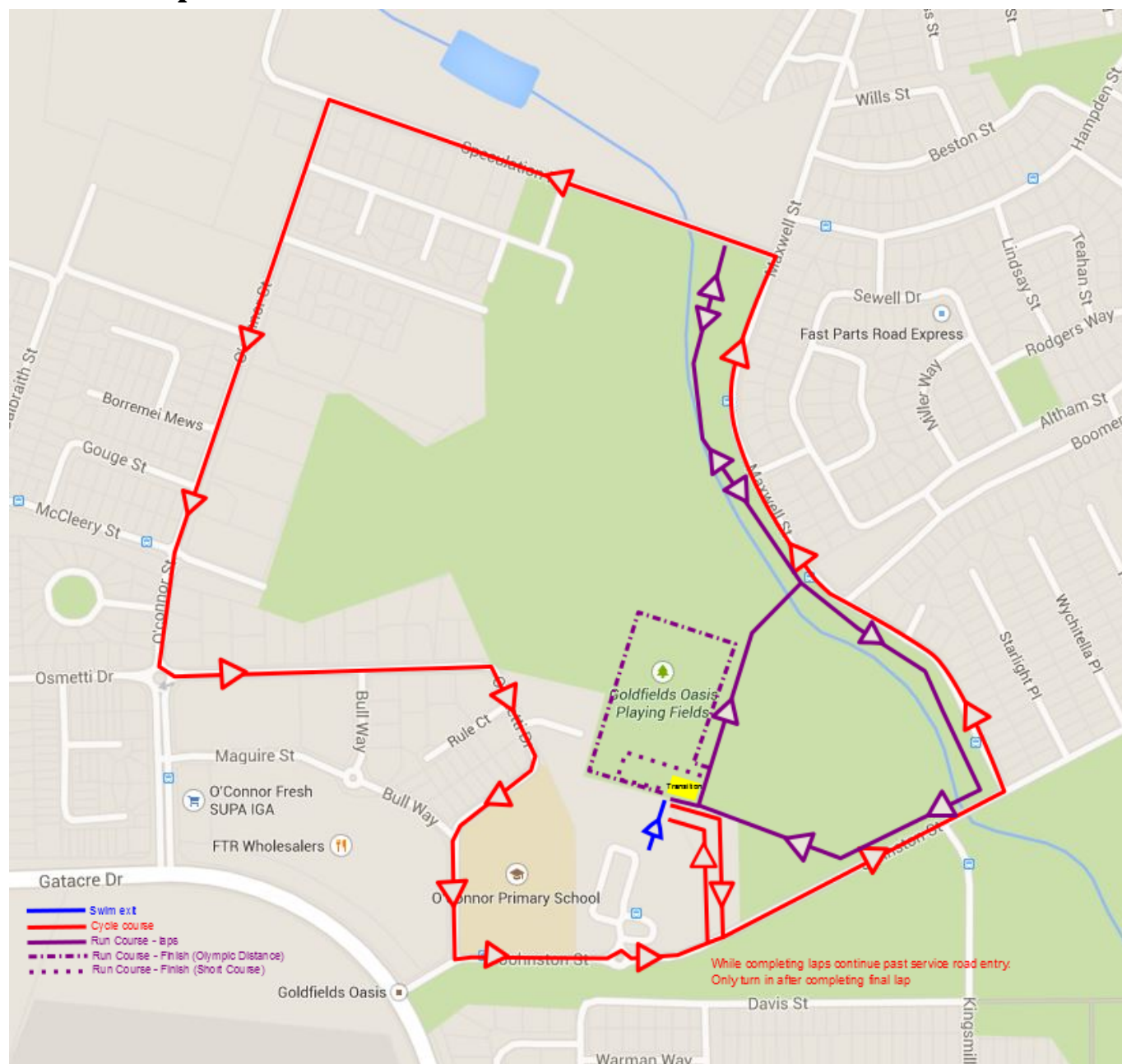
If you withdraw from the race prior to race day please send an email to [secretary@kalgoorlietriclub.com.au](mailto:secretary@kalgoorlietriclub.com.au) . If you withdraw during the event, please make sure the event organisers or Marshalls are informed (otherwise we will be organising a search party for you).

## Race Day Parking

On race day, parking is available near transition in the oasis playing fields car park, off Johnston Street.



## Course Map



## Swim Course

The swim will be completed in the Goldfields Oasis. This is a 50m pool.

Short course participants will complete 10 laps (500m) and long course participants will complete 30 laps (1500m).

### Swim course rules

- No fins, aqua socks, gloves, paddles, snorkels or flotation devises of any kind are allowed.
- Swim goggles and facemasks may be worn.

## **Transition procedure – swim to bike**

At the swim finish, you will run from the pool (walking while on pool deck) through the rear of the Oasis towards transition. You must place discarded swim gear carefully at your own transition area.

When you ready your bike, your helmet must be securely fastened on your head prior to removing your bike from the bike rack.

### ***Transition rules***

- Discarded equipment must be placed at your own bike transition area
- You must fasten your helmet before removing your bike from the rack in transition.
- Your helmet must remain securely fastened at all times that you are in control of your bicycle. This includes while you are wheeling your bike from the rack to the mounting area.
- You must not mount your bicycle until reaching the designated mount line.
- You must not touch or otherwise interfere with another competitors equipment in the transition area.

## **Bike Course**

The bike course is a 4.5km loop. Short course participants will complete 4 laps (18km) and long course participants will complete 9 laps (40km).

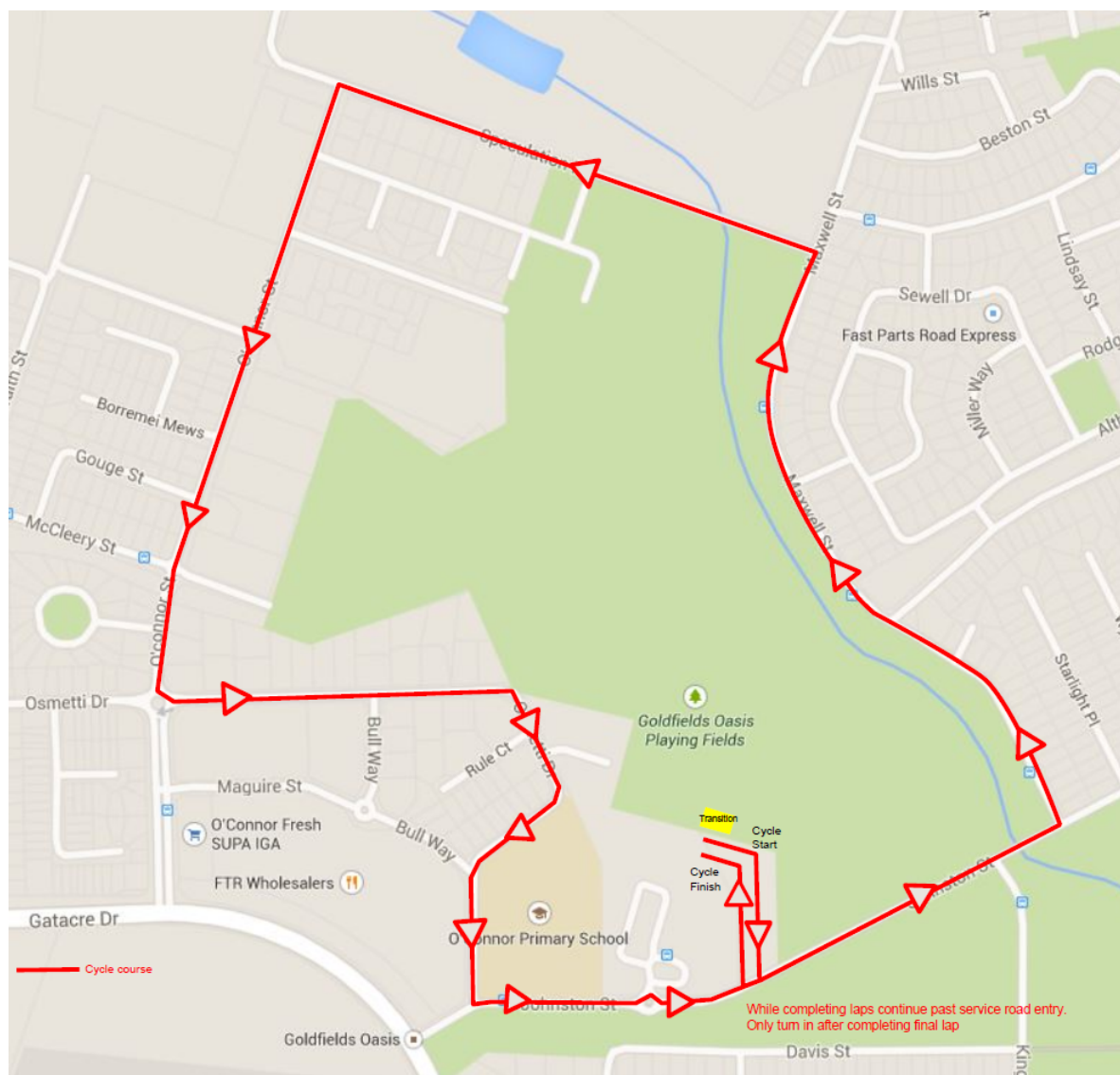
The bike course starts at Transition and cyclists ride out on the service road, then turn left into Johnston Street. They then take the first road left onto Maxwell street (not the side road towards the competitors car parking). Ride along Maxwell street and take the first road left onto Speculation Road. Ride along Speculation Road and then turn left onto O'Connor Street. Ride along O'Connor Street and take the first left onto Osmetti Drive. Ride along Osmetti Drive and take the first left onto Johnston Street. Ride along Johnston Street, going through the roundabout.

When you pass the service road, if you have not yet completed all your laps, you keep riding until the Maxwell Street turning. If you have completed all your laps, you turn left at the service road and head towards transition.

It is recommended that participants use cycle-computers or similar to confirm they have completed the required distance before turning around.

Please be aware, we do not have road closures, so participants must obey standard road rules at all times. This means giving way to the right unless sign posted otherwise.





## Bike course rules

- Athletes must obey all Australian Road Rules at all times.
- Athletes may walk their bikes if necessary but may not make progress on the bike course unaccompanied by their bicycle.
- **Shoes and a top must be worn at all times while cycling.**
- Absolutely no drafting of another bicycle or any other vehicle is allowed.
- A pass occurs when the leading edge of the overtaking athlete's front wheel passes the leading edge of the front wheel of the athlete being passed.
- Athletes have 25 seconds to complete a pass.
- Athletes must pass on the right hand side of the athlete being passed otherwise the athlete making the pass will receive an *illegal pass infringement*.
- The draft distance is 7 meters (3 bike lengths) between bikes measured from the back edge of the rear wheel of the leading bicycle to the leading edge of the front wheel of the following bicycle.
- Athletes must ride single file on the left hand side of the bike course at all times unless making a pass or for safety reasons.
- An athlete observed deliberately discarding equipment, bidons or rubbish/trash on the course will receive a littering infringement.
- Athletes found not to have completed the entire bike course will be disqualified.



## Transition procedure – bike to run

As you dismount your bike at the designated dismount line, you must wheel your bike (with your helmet fastened) to your transition area. Your helmet must remain fastened until your bike is racked.

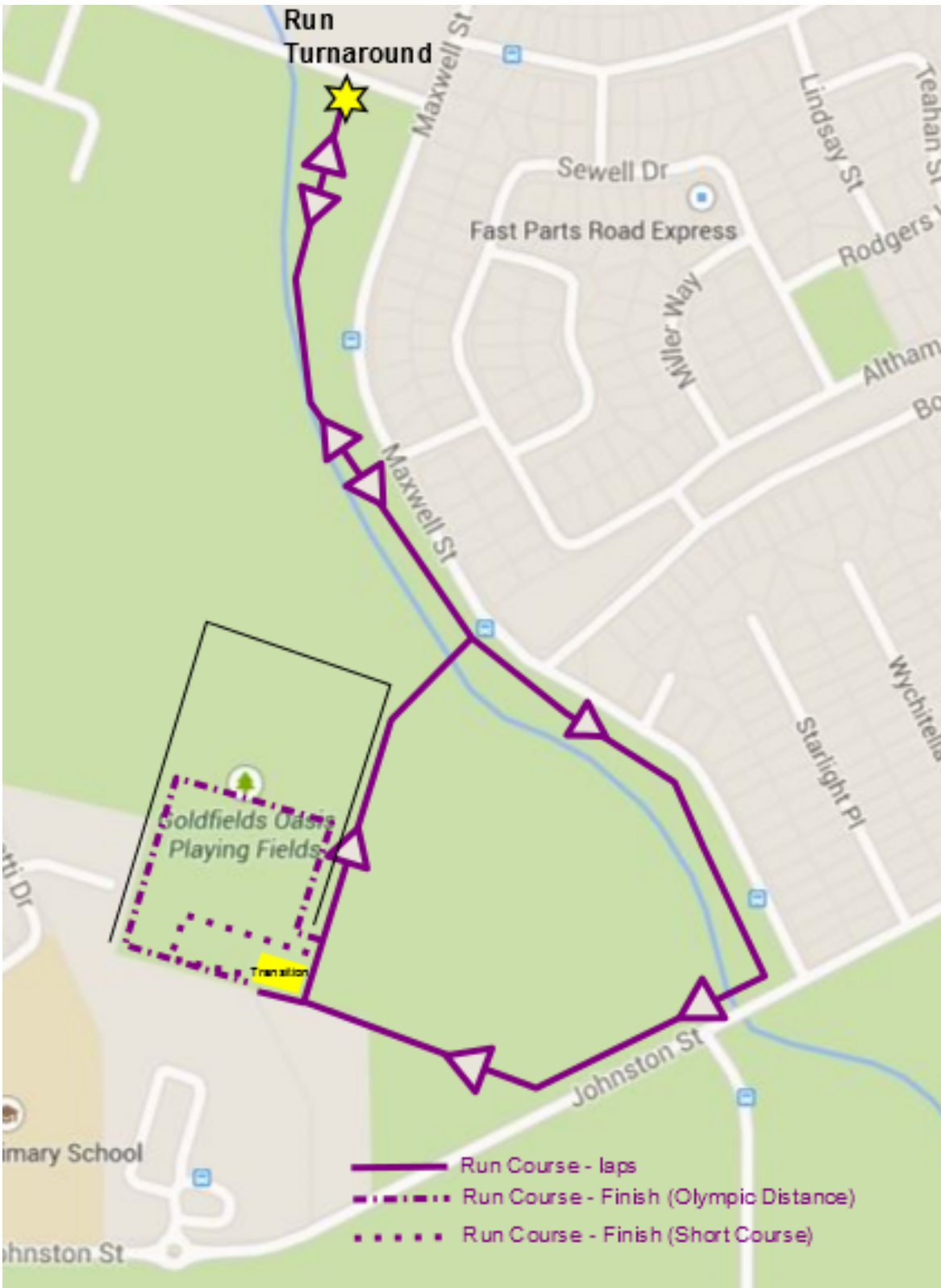
## Run Course

The run course is a 2.4km loop. Short course participants will complete 2 laps (5km) and long course participants will complete 4 laps (10km) plus all competitors will complete a short run on the oval to complete the distance.

The run course starts at Transition and participants run over the timing point and turn left past the competitors car park towards Maxwell Street. Turn left on the cycle path and run towards Speculation Road. When you reach Speculation Road, turn around (180°) and run back along the cycle path towards Johnston Street. At Johnston Street, turn right on the cycle path and head towards the Oasis. After crossing the competitors car park intersection, turn right on the cycle path and head towards transition. Turn right on the cycle path and head towards Maxwell Street. If you have not yet completed all your laps, you keep running towards Maxwell Street. If you have completed all your laps, you enter the oval and run towards the oval turnaround point. Once you reach the oval turnaround point, you turn around and head towards the finish arch.

### *Run course rules*

- No form of locomotion other than running, walking or crawling is allowed.
- Crawling is only allowed in the finish chute and an athlete observed crawling may be withdrawn from the event.
- No individual support or non-participant runners are allowed.
- An athlete observed deliberately discarding equipment or rubbish on the course other than at an aid station will receive a littering infringement.
- **A shirt or racing top must be worn at all times**
- Athletes found not to have completed the entire course may be disqualified.



## Race Presentation and Lunch

The event presentations will be held at the event following the last finisher, at approximately 11:30pm. Attendance is not compulsory, however a lunch will be provided.

**Emergency Contact Information**

Police	Brookman Street	08 9021 9777
Hospital	Piccadilly Street	08 9080 5888